

DOSAGE CHART

This chart suggests the daily dosage requirements of Pedialyte® in millilitres. The volume necessary is based on the child's weight (usually 100-150 mL/kg or approximately 1.5-2.5 Freezer Pops/kg). Pedialyte® should be offered frequently in amounts that are tolerated. Total daily intake should be adjusted to meet individual needs, based on thirst and response to therapy. The suggested intakes for maintenance are based on water requirements for ordinary energy expenditure.¹

Dosage chart does not apply to infants younger than 1 week of age. For children older than 4 years of age, maintenance intakes may exceed 2 litres (32 or more Freezer Pops) daily. If there is vomiting or fever, or if diarrhea continues beyond 24 hours, consult the child's physician.

Body Weight	Pedialyte® mL/day for maintenance†
3 kg (6.6 lbs)	300 - 450
4 kg (8.8 lbs)	400 - 600
5 kg (11.0 lbs)	500 - 750
6 kg (13.2 lbs)	600 - 900
7 kg (15.4 lbs)	700 - 1050
8 kg (17.6 lbs)	800 - 1200
9 kg (19.8 lbs)	900 - 1350
10 kg (22.0 lbs)	1000 - 1500
11 kg (24.2 lbs)	1100 - 1650
12 kg (26.4 lbs)	1200 - 1800
13 kg (28.6 lbs)	1300 - 1950
14 kg (30.8 lbs)	1400 - 2100
15 kg (33.0 lbs)	1500 - 2250
16 kg (35.2 lbs)	1600 - 2400
17 kg (37.4 lbs)	1700 - 2550
18 kg (39.6 lbs)	1800 - 2700
19 kg (41.8 lbs)	1900 - 2850
20 kg (44.0 lbs)	2000 - 3000

NOTE: 4 Freezer Pops = 250 mL = 1 cup.

† Fluid intake is total fluid requirement from oral electrolyte solution, formula, or other fluids, but does not take into account ongoing stool losses. Fluid loss in the stool should be replaced by consumption of an extra amount of Pedialyte® equal to stool losses, in addition to the fluid maintenance requirement in this dosage chart. Pedialyte® products are to be used with other appropriate fluids to help prevent dehydration.

REFERENCE:

1. Extrapolated from Barnes LA, Curran JS: Nutrition, in Nelson WE (sr ed), Behrman RE, Kliegman RM, Arvin AM (eds): Nelson Textbook of Pediatrics, ed 15. Philadelphia: WB Saunders Co, 1996, pp 141-3.

ENERGY

	Per 62.5 mL Freezer Pop	Per 100 mL	Per 1000 mL
ENERGY (Cal [kJ])	6.3 (26.4)	10 (42)	100 (420)
CARBOHYDRATE (g)	1.6	2.5	25
% of total energy	100	100	100
Source	Dextrose	Dextrose	Dextrose

ELECTROLYTES

Sodium (mg [mmol])	64.8 (2.8)	103.65 (4.5)	1036.5 (45)
Potassium (mg [mmol])	48.8 (1.3)	78.0 (2.0)	780 (20)
Chloride (mg [mmol])	77.8 (2.2)	124.35 (3.5)	1243.5 (35)
Citrate (mg [mmol])	118.1 (0.6)	189.0 (1.0)	1890 (10)

FLAVOURED ONLY

Acesulfame-potassium (mg)	9.4	8.5	850
Sucralose (mg)	12.5	40	400

Nutritional information for Pedialyte®, 1000 mL and Pedialyte® Freezer Pops 62.5 mL

INGREDIENTS

Pedialyte®, Unflavoured:

MEDICINAL INGREDIENTS: Sodium (sodium chloride, sodium citrate), potassium (potassium citrate), chloride (sodium chloride). **NON-MEDICINAL INGREDIENTS:** Water, dextrose, citric acid.

CONTAINS: Ingredients associated with food intolerances and/or sensitivities: Citric acid.

Pedialyte®, Grape:

MEDICINAL INGREDIENTS: Sodium (sodium chloride, sodium citrate), potassium (potassium citrate), chloride (sodium chloride). **NON-MEDICINAL INGREDIENTS:** Water, dextrose, citric acid, artificial grape flavour, sucralose, acesulfame potassium, FD&C Red No. 40 and FD&C Blue No. 1.

CONTAINS: Ingredients associated with food intolerances and/or sensitivities: Citric acid, colours, natural and artificial flavours.

Pedialyte®, Fruit:

MEDICINAL INGREDIENTS: Sodium (sodium chloride, sodium citrate), potassium (potassium citrate), chloride (sodium chloride). **NON-MEDICINAL INGREDIENTS:** Water, dextrose, citric acid, natural and artificial fruit flavour, sucralose, acesulfame potassium, FD&C yellow No. 6.

CONTAINS: Ingredients associated with food intolerances and/or sensitivities: Citric acid, colours, natural and artificial flavours.

Pedialyte® Freezer Pops, Grape, Cherry, Orange and Blue Raspberry:

MEDICINAL INGREDIENTS: Sodium (sodium chloride, sodium citrate), potassium (potassium citrate), chloride (sodium chloride). **NON-MEDICINAL INGREDIENTS:** Water, dextrose, citric acid, sodium carboxymethylcellulose, potassium sorbate, sodium benzoate, sucralose and acesulfame potassium.

CONTAINS: Ingredients associated with food intolerances and/or sensitivities: Citric acid, colours, natural and artificial flavours.

Additional ingredient(s) for Grape: Natural and artificial grape flavour, FD&C Red No. 40 and FD&C Blue No.1.

Additional ingredient(s) for Cherry: Natural and artificial cherry flavour and FD&C Red No. 40.

Additional ingredient(s) for Orange: Natural and artificial orange flavour, FD&C Yellow No. 6 and FD&C Red No. 40.

Additional ingredient(s) for Blue Raspberry: Natural and artificial blue raspberry flavour and FD&C Blue No.1.

Values listed are subject to change. Please refer to the product label or packaging for the most current ingredient, allergen and nutrient profile information.

PEDIALYTE®
Oral electrolyte
maintenance solution

